

# HOSPICE- PALLIATIVE CARE VOLUNTEERING IN HISTORY - RECENT DEVELOPMENTS - EDUCATIONAL RESOURCES

## 1. HISTORY

From voluntary based home care teams into hospice-palliative care units in Poland and leading hospice-palliative care force (EUPC Atlas 2007)

### 1981 - 1992:

1. First hospices in Poland are established as home care services - totally on voluntary basis
2. Creation of the National Hospice Chaplaincy and National Forum of Hospice Movement
3. National Consultant of Palliative Medicine nominated

### 1993 - 1998:

1. Cooperation of professionals and volunteers on the board of palliative and hospice Care at the Ministry of Health
2. Gradual merging of voluntary based teams with the professionals financed by the health care system (NFZ)
3. The Program for Hospice-Palliative Care introduced by the Ministry of Health to healthcare system; more than 200 home care teams and 100 pain clinic and palliative care services

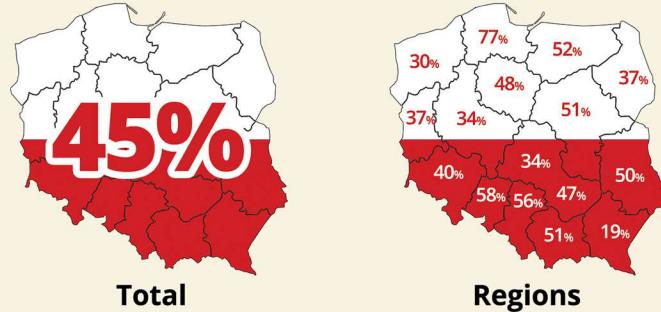
### 1999 - 2007:

1. Palliative medicine is introduced as a medical specialty
2. Palliative care is introduced as a nursing specialty
3. Hospice is a life, too - a nationwide public education campaign promoting volunteering with national and regional media coverage

### 2008 - 2015:

Volunteers are engaged in 223 from 492 hospice-palliative care centers across all the country

#### Percent of the hospice-palliative care centers cooperating with volunteers in Poland



Volunteers directly involved in their work

## 2. RECENT DEVELOPMENTS 2007 - 2016

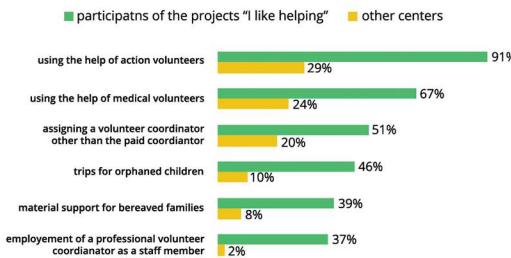
### 2007 - 2010

The national project "I like helping", developed in 2007-2010, brought big changes and affected the situation of our hospice-palliative care volunteers in Poland. The purpose was to create and strengthen hospice-palliative volunteer services in Poland. As a result of the project 120 volunteer coordinators from 96 hospices and palliative care units over the country were trained. The results of selected aspects of the project are displayed below:

#### Differences between hospices taking part in the project

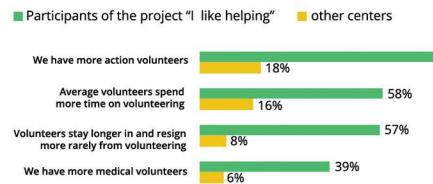
##### "I like helping" and other centers.

(the percentage of the centers in which particular action takes place according to hospice-palliative care team managers)

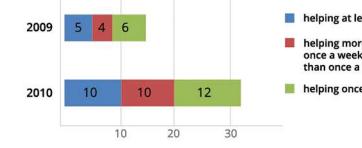


#### Condition of volunteering in 2010 vs 2007

(The response of 120 hospice-palliative care team managers)



#### The number of medical volunteers in the project "I like helping"



### 2008 - 2014

Since 2002 in Poland continues experiment of new form of readaptation, started in Gdansk Hospice, regarding prisoners-volunteers prepared to help in the penitentiary structure. After the successful implementation of this project in Gdansk in years 2002-2007, in 2008-2009 the project has been implemented in other hospice and hospice-palliative care in Poland. In 2009, the project „WHAT – Hospice Voluntary Service as a Tool for Teaching Acceptance and Tolerance for those establishments” was awarded the Council of Europe for the best design of the rehabilitation in Europe. In 2014, 131 prisoners cooperated as volunteers.

### 2013 - 2016

After having developed the project "I like helping", hospice-palliative volunteering is still being promoted and at the moment we are planning to research the pre-

## 3. EDUCATIONAL RESOURCES

