



Volunteers in Hungary 2019.



Hungarian Hospice Palliative Association

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Volunteers at the Heart of Hospice and Palliative Care: International Symposium at EAPC 2019, Berlin

Number of trained volunteers: growing tendencies

Year	TV - Country	TV - HHPA
2016	N=169 (81 service from 83)	90
2017	N=144 (70 service from 84)	115
2018	N=305 (34 service from 81)	100



Training

at training centers (HHPA and some bigger services): 40 hrs contained in Regulation volunteer training with self-knowledge and communication parts, including **special training from basic care knowledges**.

at hospice services: service specialized skills, experience with mentors.

Volunteering

beside, background, administration – adult and also child care.

Volunteer sources

high school students have to complete 50 hrs community work before graduating – they can be involved.

university students – we can certify their obligatory professional practice.

Benefits

New communities of volunteers are created.

Increasing attention and interest from society.

Increasing general knowledge of the care of serious patients.

Further needs

Some dedicated, constant and motivated leader volunteers.

Marketing support for hospice palliative care and volunteering.

Media/press background for the charity events.

National database.

Professional volunteers in hospice

speech therapist, teacher, special educator, Animal Assisted therapist.

Simple story

Certified hospice therapy dogs can provide a lot of physical, emotional and social benefits to patients and their families, and often they are the best source of comfort for the hospice patients and their families.

Kinga is a hospice volunteer and with her two certified therapy dogs they visit three hospice houses on a weekly basis. The dogs visits: reduce feelings of isolation, anxiety and depression, help take a patient's mind off their aches and pains, encourage communication – including sharing stories and emotions, break the daily routine, help to reduce physical pain, lowers blood pressure, promotes an improved heart rate and general cardiovascular health, increases overall comfort level.

